

Grand Rapids Christian HS					
Coed Varsity Cross Country Season Snack Schedule					
Day	Date	Opponent	Fruit	Drinks	Snacks
Thu	25-Aug	@ EGR Pioneer Classic	A Prium Kuyvenhoven	C Penning J Peterson G Groenhout	A Long C Muyskens C Luymes
Wed	31-Aug	@ Black/White Kickoff Run	R Warners B Wisneski	P Jonker E Hoekzema M Fox	M DeJong J Norman C Jager
Wed	7-Sep	vs. OK White Jamboree	J Rienstra J VanDyke	L Weaver M Rasmusser M Carpenter	Z Terpstra K Bielema D Hendricksen
Sat	10-Sep	@ Christian School Invitational	L Jonker A VanWyk	C Powers E Badger M Baas	N Carpenter K Verhulst J Lee
Fri	16-Sep	@ MSU Invitational	TBA	TBA	TBA
Sat	17-Sep	@ Sparta Invitational	S Mann S Faassi	R DeHaan D Lambert L Gaastra	W VanDyken Ayo Ayoola S Droge
Wed	21-Sep	@ OK White Jamboree	S DeWitt L Robertsen	D Leisman G Bosworth A Fethke	M Warners J Epperly K Conzelman
Sat	24-Sep	vs. Cougar/Falcon/Eagle Invitational	K Evenhouse J Bos	VanKampen M Plantinga A Oezer	H Leisman N Jager C Witte
Sat	1-Oct	@ Don Baese Invitational - Carson City	J Decker B Briseno	N Buteyn J Gunnoe M Mudde	L Fox K Jonker S Beezhold
Wed	5-Oct	@ OK White Jamboree	T Wisneski W Mach	L Wilcox J Carroll N Griffioen	E Veldkamp J Cok H Overbeek
Sat	8-Oct	@ Portage Invitational	C Lambert Ade Ayoola	H VanZanten J VanDyke M VanWinkle	A Otte E Decker C Wilcox
Sat	15-Oct	Vs Kent/Ottawa County Invitational	D Hendricksen M DeJong	A Long K Bielema M Mudde	L Robertson C Luymes J Peterson
Wed	19-Oct	@ OK White Jamboree	J Norman C Powers	J Lee Z Terpstra C Penning	K Verhulst Kuyvenhoven N Butyen
Sat	29-Oct	MHSAA Regional	TBA	TBA	TBA