

## Girls

First	Last	C	1-mile	2-mile	Finish	SB	PR
Julia	Bos	9	5:55	12:03	18:48:00		18:26:00
Liza	Gunnink	11	5:57	12:24	19:33:00	19:44:00	19:34:00
Kimby	Penning	11	5:56	12:21	19:35:00	19:21:00	19:19:00
Erika	Overbeck	11	5:50	12:23	19:37:00	19:27:00	19:04:00
Dana	Veen	11	5:56	12:24	19:40:00	19:36:00	19:24:00
Sarah	Fox	12	5:57	12:39	19:58:00	20:18:00	19:51:00
Lauren	Anderson	12	6:05	12:45	20:21:00	21:21:00	20:29:00
Angelle	Kettlewell	12	6:19	13:11	20:51:00		20:04:00
Taryn	Borst	12	6:00	12:58	20:56:00	20:22:00	19:57:00
Carolyn	Muyskens	9	6:04	13:05	20:57:00		20:48:00
Emily	Long	11	6:11	13:18	21:06:00	21:14:00	19:57:00
Julie	Bylsma	9	6:36	13:39	21:15:00		21:28:00
Melanie	Fox	9	6:25	13:34	21:16:00		21:37:00
Monica	Langeland	11	6:25	13:35	21:22:00	21:06:00	21:02:00
Autumn	Oostindie	11	6:35	13:38	21:24:00		20:34:00
Shannon	Beezhold	10	6:41	14:01	21:47:00		22:00:00
Katie	VanZanen	12	6:43	14:01	21:58:00		22:25:00
Casie	Parks	12	6:55	14:11	22:05:00	22:08:00	21:55:00
Liz	Weaver	9	6:55	14:18	22:15:00		21:48:00
Ann-Marie	Byl	10	6:43	14:01	22:19:00		22:31:00
Heather	Koll	12	6:45	14:07	22:19:00	23:20:00	22:39:00
Dorthea	Leisman	10	6:45	14:07	22:31:00		22:39:00
Marisa	Heule	9	6:54	14:18	22:32:00		22:55:00
Jessica	DeWeerd	12	6:54	14:18	22:53:00	23:13:00	21:10:00
Ellyn	Hoeksema	12	7:05	14:51	23:16:00	22:15:00	22:12:00
Margaret	Kromminga	11	6:59	14:41	23:18:00		22:30:00
Maaike	Mudde	9	7:08	15:00	23:23:00		23:04:00
Paulina	Heule	11	7:08	15:02	23:38:00	23:30:00	23:24:00
Nicki	Jager	10	7:04	15:10	23:43:00		23:12:00
Nicole	Teitsma	12	7:16	15:19	23:48:00	24:05:00	22:08:00
Libby	Huizenga	12	7:10	15:16	24:01:00		23:45:00
Ellen	Frazee	11	7:23	15:19	24:05:00	24:05:00	23:02:00
Anna	Koetje	9	7:05	15:15	24:17:00		23:40:00
Delaney	Callahan	11	7:23	15:19	24:20:00		25:17:00
Grace	Feenstra	12	7:22	15:21	24:24:00		24:29:00
Emily	Schuitema	9	7:19	15:21	24:31:00		24:05:00
Sarai	Droge	10	7:13	15:34	24:57:00	24:32:00	22:58:00
Stephanie	Meyer	9	7:35	15:52	25:00:00		24:59:00
Rachel	Eygenraam	12	7:35	16:16	25:54:00	26:43:00	21:29:00
Carrie	Witte	10	7:53	16:24	25:54:50		25:45:00
Ashley	VanWyk	10	7:53	16:31	26:08:00		26:54:00
Kim	Erffmeyer	10	7:53	16:24	26:10:00		25:37:00
Amanda	Asfour	9			27:49:00		27:48:00
Breanna	Wisneski	10			DNR		23:27:00
Mary	Karg	12	6:57	14:18	DNR		23:08:00
Annaka	Vaandrage	9			DNR		24:14:00
Claire	Lambert	10			DNR		21:43:00
Ruth	Jansen	9			DNR		23:16:00
Stephanie	Shreve	11			DNR		20:21:00
Caroline	Schuitema	11			DNR		24:46:00
Rachel	Bloem	11			DNR		28:26:00
Katelynn	Conzelmann	9			DNR		22:30:00
Kristin	Bielema	10			DNR	22:14:00	20:51:00
Kaitlyn	Beukema	11			DNR	25:19:00	24:50:00

**Boys are Conference Champions**

Girls are Runner UP

## Boys

First	Last	C	1-mile	2-mile	Finish	SB	PR
Jacob	Kuyvenhoven	11	5:05	10:48	17:08:00		16:52:00
Matt	VanWyk	12	5:13	11:03	17:11:00		17:05:00
Eric	Veldkamp	10	5:05	10:55	17:17:00		16:44:00
Grant	Ludema	11	5:05	10:50	17:17:50		16:54:00
Andre	Otte	10	5:07	10:52	17:21:00		17:18:00
Andrew	Jo	11	5:18	11:03	17:23:00		17:28:00
Colin	Schuurman	12	5:19	11:05	17:26:00		17:58:00
Brett	Henderson	11	5:14	11:04	17:35:00		17:44:00
Evan	Hoekzema	10	5:19	11:15	17:36:00		17:44:00
John	Muyskens	12	5:19	11:06	17:37:00		17:33:00
Seth	Koetje	11	5:16	11:10	17:51:00		18:00:00
Andrew	Pruim	10	5:19	11:15	17:58:00		17:43:00
Mike	VandenHuevel	11	5:16	11:15	17:59:00		17:37:00
Zack	Koop	12	5:15	11:22	18:05:00		16:59:00
Nick	Tilma	12	5:23	11:20	18:07:00		18:15:00
Jack	VanAllsburg	10	5:19	11:31	18:10:00		17:34:00
Mark	VanWinkle	10	5:46	11:58	18:38:00		18:25:00
Jeff	Peterson	9	6:02	12:12	19:04:00		18:49:00
Matt	Block	12	5:56	11:59	19:10:00		19:50:00
Joel	Zwiers	9	6:05	12:12	19:12:00		19:13:00
Conner	Luymes	10	5:53	12:26	19:36:00		19:32:00
Brandon	Quist	11	6:05	12:39	19:49:00		19:36:00
Joel	Norman	10	5:55	12:44	19:55:00		19:59:00
Jake	Roorda	12	6:15	12:46	20:05:00		20:10:00
Micah	Warners	10	5:55	12:32	20:09:00		19:04:00
Charlie	Gendron	10	6:09	12:47	20:10:00		20:01:00
John	LaGrand	12	5:59	12:37	20:14:00		19:16:00
Jonathan	DeKoster	9	6:16	12:50	20:20:00		20:33:00
Jacob	Rienstra	9	6:17	13:00	20:39:00		20:33:00
Jerome	Navarro	10	5:55	12:47	20:41:00		20:25:00
Brian	Teisman	10	6:02	13:33	21:05:00		21:09:00
William	VanderPols	11	6:32	13:34	21:06:00		20:54:00
Micah	White	11	6:38	13:33	21:11:00		21:52:00
Jon	Cok	10	6:31	13:34	21:17:00	21:43:00	21:34:00
Joel	DeJong	11	6:35	14:09	22:33:00		22:37:00
Joel	Betts	12	6:31	14:09	22:39:00		21:25:00
Jacob	Epperly	10	6:47	14:34	23:09:00		22:49:00
Thomas	VanStee	11			DNR		18:51:00
Nate	Buteyn	11			DNR		18:38:00
Philip	Recker	11			DNR	19:07:00	19:01:00
David	McMullin	11			DNR		18:58:00
Jake	Penning	9			DNR		19:26:00
Christian	VanderLinden	12			DNR		20:06:00
Dylan	Lambert	10			DNR		20:02:00
Evan	Clark	11			DNR		23:17:00
Matt	VanHarn	10			DNR		21:22:00
Matthew	Selmon	10			DNR		



**Varsity Boys 1st**  
**Varsity Girls 2nd**  
**JV Boys**  
**JV Girls**

SB = Season Best

PR = Personal Record